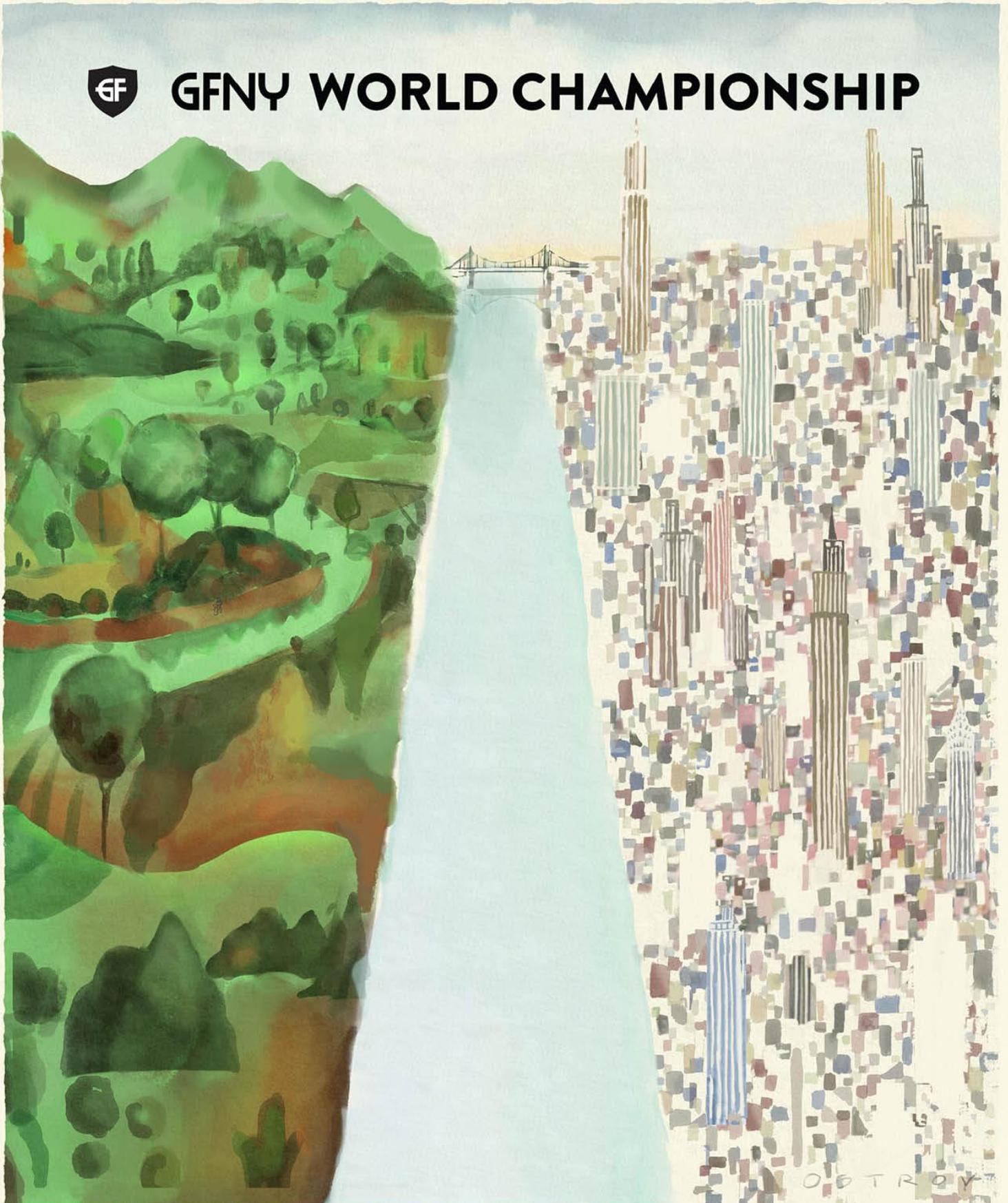


MEDIA GUIDE



GFNY WORLD CHAMPIONSHIP



NEW YORK CITY | MAY 15, 2022

A WARM WELCOME TO

**THE 10th ANNUAL
INTERNATIONAL
GFNY WORLD CHAMPIONSHIP
IN NEW YORK CITY**

Thank you for joining us at the GFNY World Championship in NYC, the world's most international bike race. You'll witness cyclists from over 90 countries race this challenging course.

One of the things we love most about GFNY is that it brings people from different cultures together. And this is now more so important after what we all have been through. Whether it's in NYC, Italy, Colombia or Bali: we don't have to speak the local language to enjoy riding and racing aside each other because we all speak cycling.

There will be almost 40 GFNY World races in 2022. Our goal is to have a GFNY near every road cyclist in the world. We welcome everyone at GFNY, no matter from where in the world, anywhere in the world. At GFNY, everyone gets to BE A PRO FOR A DAY®.

You have the opportunity to capture and showcase all of this through your imagery and words. If this is your first assignment covering the GFNY World Championship, you will soon see why this race and all of GFNY is so popular. For those of you who have been here before, we are glad to have you back.

Thank you for bringing the story of GFNY to the world. We look forward to working with each of you and hope you enjoy your experience.

Lidia and Uli Fluhme
GFNY Founders

GFNY - The Global Endurance Sports Series

TABLE OF CONTENTS

Media Contact	4
What is GFNY	5
GFNY 2022 Calendar	8
Course Map	9
Time Sheet	10
Climb Profiles	11
Schedule at a glance	13
Packet Pickup & NYC Bike Expo	14
Welcome Zone	15
Spectator Guide	17
Apparel	18
GFNY Coffee	20
Ideal Gear	22
Race Caravan	24
Start Corrals	25
Signage	26
Categories	27
Medals	28
Code of Conduct	29
Rules	30
Antidoping	36
Results Women 2019	37
Results Men 2019	39
Results 2011-2018	41

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**PLEASE REACH OUT FOR DIGITAL PRE AND POST RACE MATERIALS
SUCH AS PHOTOS OR VIDEOS!**

What is GFNY & What Can Riders Expect When They Do A GFNY

GFNY is a cycling marathon where everyone starts together, gets timed from start to finish, with age group rankings and podium prizes across all categories. People of different ages, genders and fitness levels line up aside each other to take on a challenging route.

Riders get to BE A PRO FOR A DAY by competing against others, themselves and the clock in a personal endurance challenge. A finisher medal is awarded at the finish line.

Some people are in it to win overall, some to place well in their age group and others just want to make it to the finish line before the cutoff. You can expect fierce competition and tactics at the front peloton, but also camaraderie among the riders.

The mandatory jersey unifies riders in their common goal: no matter where they come from and what they do in their daily lives, they all took time out of their lives to take on the challenge, stand aside each other at the start line, all with the goal to get to the finish line and do their best along the route.

Police moderate traffic and/or close roads to give cyclists the right of way at all intersections so they can compete without ever having to stop.

Signage along the course is posted to direct riders along the route and show the distance covered and remaining.

Cycling marathons are most common in Europe, and particularly in Italy, where gran fondo first started in 1970. But outside of Italy and France, cycling marathons aren't as prevalent, or even don't exist in many countries. In some countries, events use the name 'gran fondo' but these are bike tours that don't offer start-to-finish chip timing, rankings based on finish time or podium prizes. Others only have paced group riding. Neither is a gran fondo. At all GFNY races, riders can expect to compete in an actual cycling marathon.

Background About GFNY

Uli first started racing granfondos in Italy in 1996 and raced as an elite cyclist in Europe for 3 years. Lidia completed 20 Ironmans, including 7 consecutive Ironman World Championships, and raced professionally for a year.

In 2010, two years after moving to NYC, Uli put his adoration for NYC and passion for the sport of cycling together. Uli introduced Lidia to gran fondo racing

in Italy. It was one of the most incredible sports experiences for Lidia. A week later, Lidia and Uli co-founded Gran Fondo New York.

NYC has a marathon and a triathlon, but there was no cycling marathon. Gran Fondo New York brought a true cycling marathon to NYC. The key rules of GFNY are modeled after the granfondo rules of the Italian Cycling Federation.



Background about GFNY World

GFNY NYC was first held in 2011 with riders representing 56 countries.

It has quickly become the world's most international cycling event, with riders representing over 90 countries. More than half of the riders travel from outside the US to take part in GFNY NYC. Because of the riders' diversity, GFNY is among the coolest experiences on a bike available to anyone.

The GFNY World series kicked off in 2014 and brought GFNY to other locations across the globe. A similar rider experience, a similar set of rules, and attractive destinations for riders and families alike are the benchmarks of the series. At each event riders can expect to be fully timed along the race course, get ranked based on finish time and celebrate an awards ceremony for podium winners across all categories.

Participating in a GFNY is an extraordinary experience for a cyclist because people from other parts of the world who share the passion for cycling and quest for the finish line will surround him.

About GFNY World

GFNY World, the global cycling marathon series, is continually expanding its portfolio of events. A total of 34 races will be held in 2022.

The original race, GFNY NYC, serves as the GFNY World Championship. Five additional races are regional championships: GFNY Alpes Vaujany was the GFNY Championship Europe, GFNY Jerusalem was the GFNY Championship Middle East - Africa, GFNY Punta del Este was the GFNY Championship South America, GFNY Florida was the GFNY Championship North America and GFNY Bali was the GFNY Championship Asia.

All GFNY World races offer participants the established, trusted GFNY experience complemented with each location's local flair.

At each GFNY event, riders enjoy

- Closed roads or police moderated traffic with right of way at all intersections
- The chance to do their best on a challenging course without having to worry about anything but riding
- Chip timing, results and rankings
- Competition prizes across all age groups
- The chance to qualify for a racer corral starting position at the GFNY Championship in NYC
- Uniform set of rules and familiar participant experience great tourism and family experience in an appealing destination

At all GFNY events, riders have the chance to qualify for the elite racer corral at the GFNY World Championship in NYC by placing in the top 10% of their age group, top 20% at regional championships.

The 10th annual GFNY World Championship New York will be held on May 15, 2022. The race features the world's most international peloton with riders from 95 countries.

GFNY WORLD

2022/2023 SEASON

BE A PRO FOR A DAY



GFNY WORLD SERIES

MAY 15, 2022

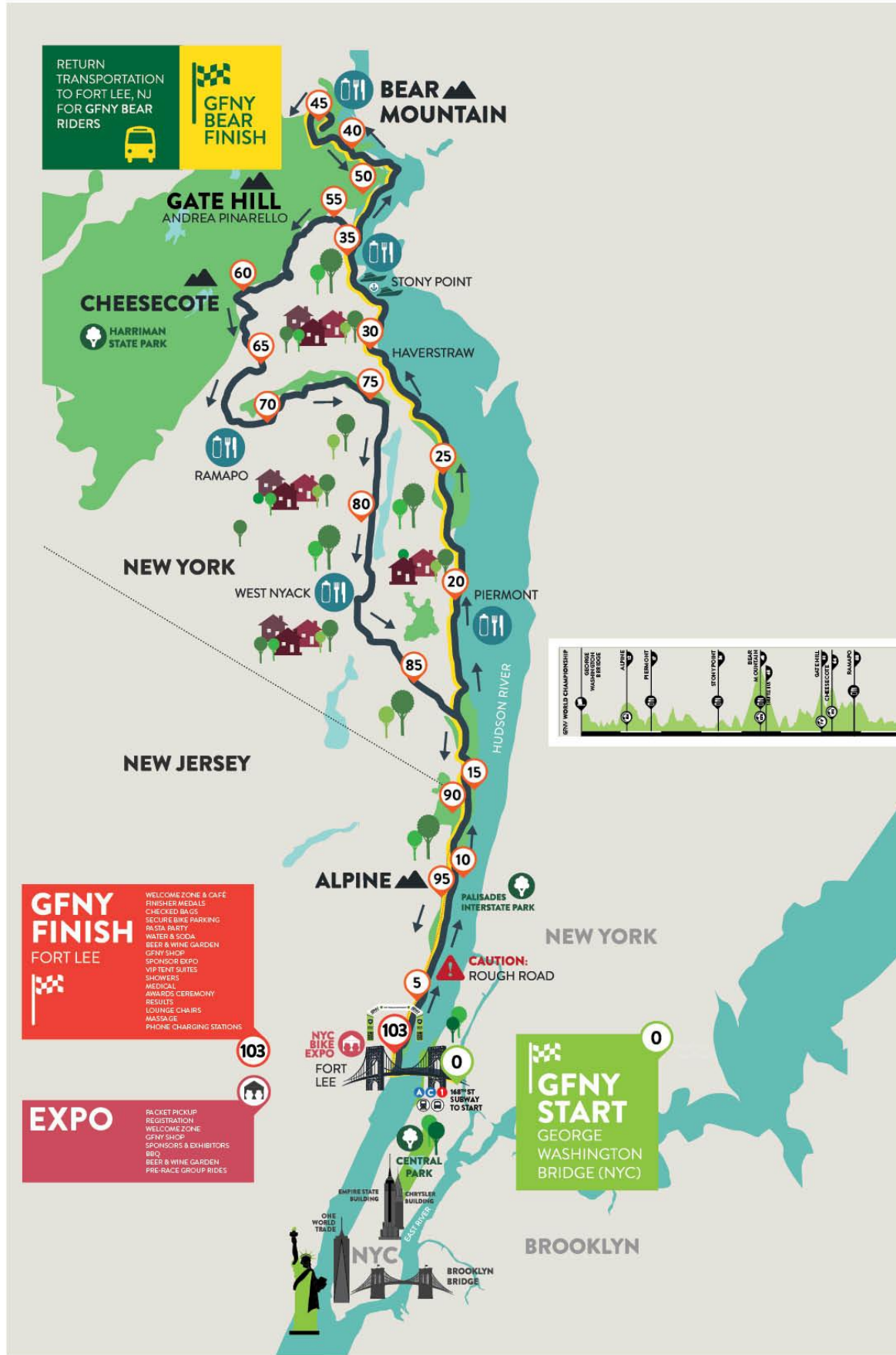


THE GLOBAL ENDURANCE SPORT SERIES

AT EACH GFNY EVENT, YOU CAN EXPECT:

- Closed roads or police moderated traffic with tight of way at all intersections
- The chance to do your best on a challenging course without having to worry about anything but riding
- Chip timing, results and rankings based on the full start-to-finish course
- The chance to qualify for the elite starting corral at the Campagnolo GFNY World Championship in NYC
- Competition prizes across all age groups for podium winners
- Uniform set of rules
- Great participant and family experience
- An event organized by fellow cyclists with a passion for cycling and GFNY

COURSE MAP



RETURN TRANSPORTATION TO FORT LEE, NJ FOR GFNY BEAR RIDERS



GFNY FINISH
FORT LEE

- WELCOME ZONE & CAFE
- FINISHER MEDALS
- CHECKED BAGS
- SECURE BIKE PARKING
- BISCUIT PARTY
- WATER & SODA
- BEER & WINE GARDEN
- GFNY SHOP
- SPONSOR EXPO
- VIP TENT SUITES
- SHOWERS
- MEDICAL
- AWARDS CEREMONY
- RESULTS
- LOUNGE CHAIRS
- MASSAGE
- PHONE CHARGING STATIONS

EXPO

- PACKET PICKUP
- REGISTRATION
- WELCOME ZONE
- GFNY SHOP
- SPONSORS & EXHIBITORS
- BEER
- BEER & WINE GARDEN
- PRE-RACE GROUP RIDES

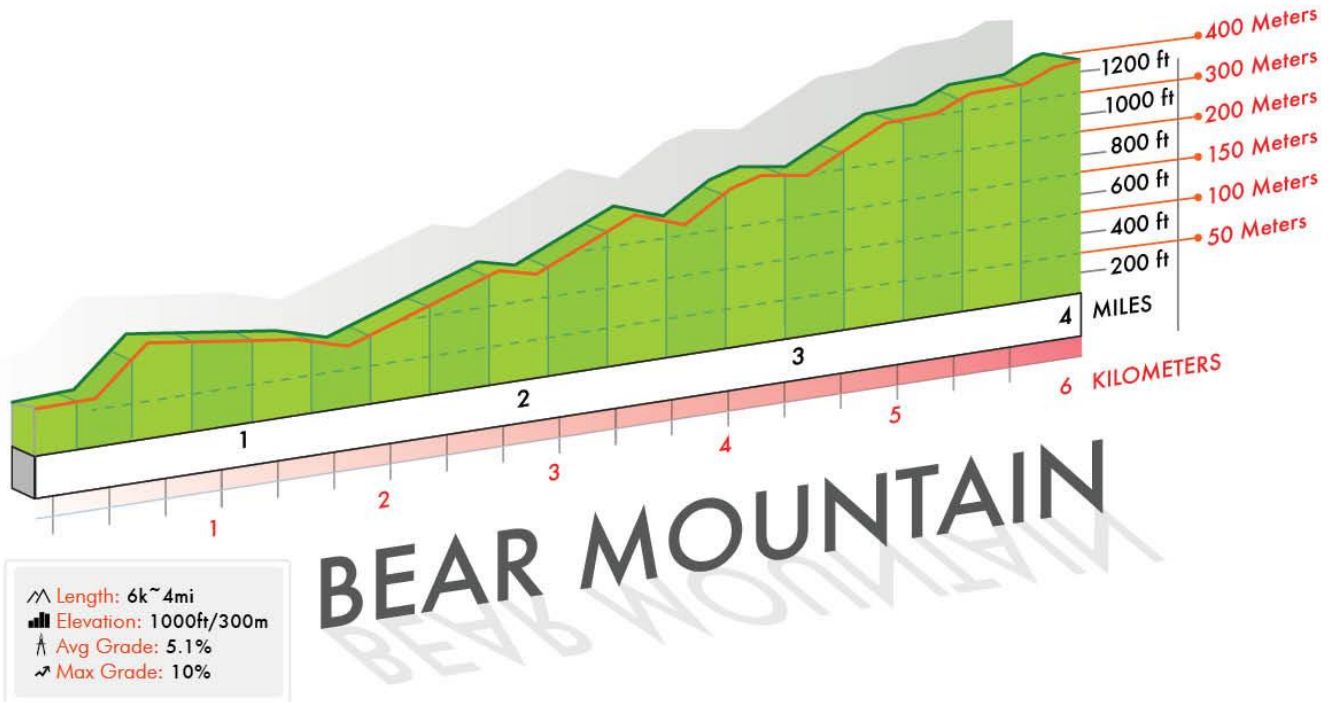
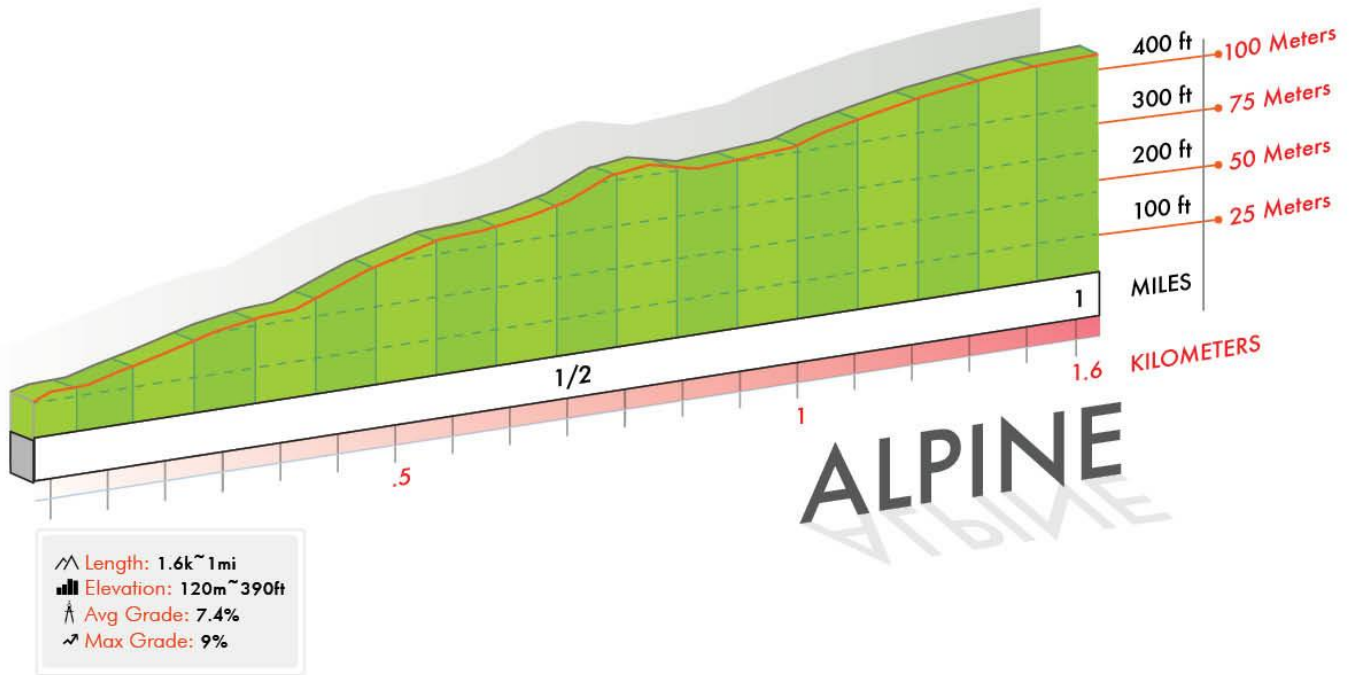
GFNY START
GEORGE WASHINGTON BRIDGE (NYC)

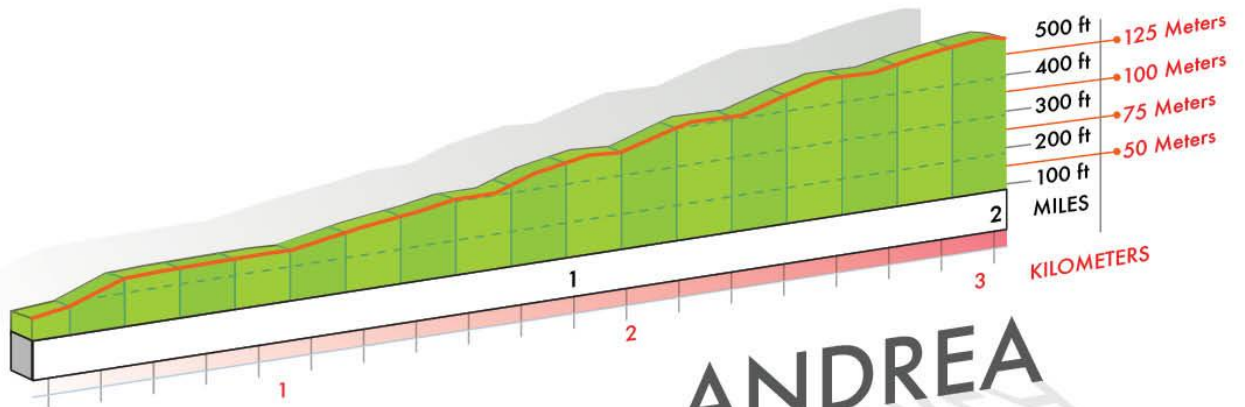


TIME SHEET

LANDMARKS	KM	MILE	40 KPH/ 25 MPH	32 KPH/ 20 MPH	24 KPH/ 15 MPH	15 KPH/ 10 MPH
START GEORGE WASHINGTON BRIDGE	0	0	7:00	7:00	7:00	7:00
HENRY HUDSON DRIVE	4	2.5	7:06	7:07	7:10	7:15
START CLIMB ALPINE	14	9	7:21	7:27	7:36	7:54
NJ-NY STATELINE	22	14	7:33	7:42	7:56	8:24
PIERMONT - AID STATION 1	27	17	7:40	7:51	8:08	8:42
NYACK	30	19	7:45	7:57	8:16	8:54
ROCKLAND LAKE	38	24	7:57	8:12	8:36	9:24
HAVERSTRAW	48	30	8:12	8:30	9:00	10:00
STONY POINT - AID STATION 2	51	32	8:16	8:36	9:08	10:12
START CLIMB BEAR MOUNTAIN	66	41	8:38	9:03	9:44	11:06
FINISH CLIMB	72	45	8:49	9:16	10:02	11:33
BEAR MOUNTAIN - AID STATION 3	72	45	8:49	9:16	10:02	11:33
MOTT FARM ROAD	86	55	9:11	9:43	10:38	12:27
START CLIMB COLLE ANDREA PINARELLO	94	59	9:21	9:57	10:56	12:54
FINISH CLIMB	98	61	9:26	10:03	11:04	1:06
START CLIMB CHEESECOTE	101	63	9:31	10:09	11:12	1:18
FINISH CLIMB	102	64	9:33	10:12	11:16	1:24
RAMAPO - AID STATION 4	110	69	9:45	10:27	11:36	1:54
SOUTH MOUNTAIN ROAD	117	73	9:55	10:39	11:52	2:18
STRAWTOWN ROAD	123	77	10:04	10:51	12:08	2:42
ORANGETOWN - AID STATION 5	131	82	10:16	11:06	12:28	3:12
SPARKILL	141	88	10:31	11:24	12:52	3:48
HENRY HUDSON DRIVE	150	94	10:45	11:42	1:16	4:24
EDGEWATER	164	102.5	11:06	12:07	1:50	5:15
FINISH LINE FORT LEE	166	103.5	11:07	12:09	1:52	5:18

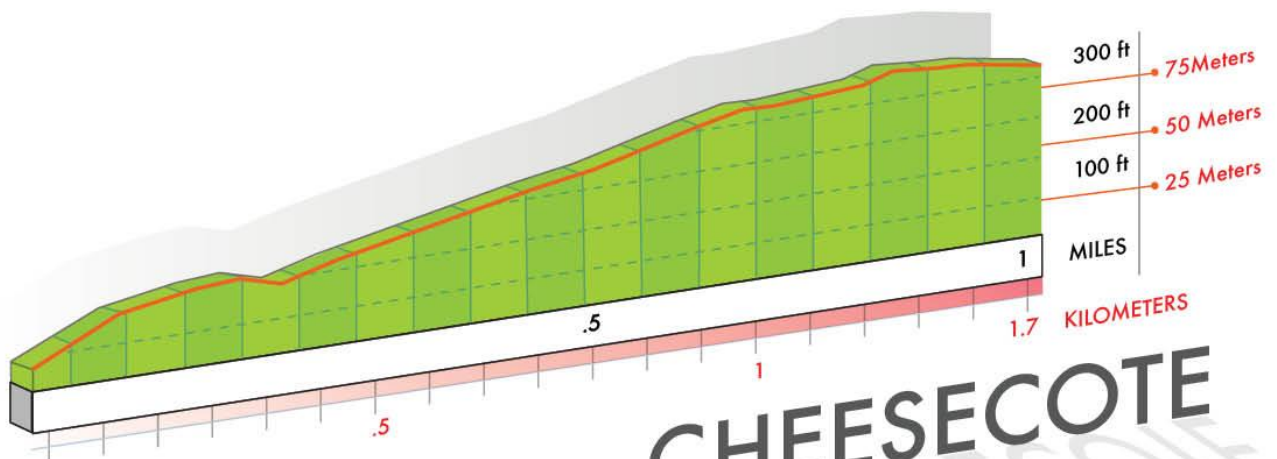
CLIMB PROFILES





▲ Length: 3.3k~2mi
 ■ Elevation: 160m~525ft
 ▲ Avg Grade: 4.9%
 ↘ Max Grade: 12%

ANDREA PINARELLO



CHEESECOTE

Schedule of Events

Click here to register for race week happenings: <https://nyc.gfny.com/schedule-of-events>

WEDNESDAY, MAY 11

8AM-3PM GFNY Café @ [PIP Park](#)

9AM GFNY group ride with Gruppo Sportivo GFNY @ GFNY Café

THURSDAY, MAY 12

8AM-3PM GFNY Café @ [PIP Park](#)

9AM Group ride powered by Gruppo Sportivo GFNY and Special Guest Nelson Vails, Olympic Medalist & NYC Cycling Legend @ GFNY Café

FRIDAY, MAY 13

8AM-3PM GFNY Café @ [PIP Park](#)

9AM Group ride powered by Gruppo Sportivo GFNY and Special Guest Raúl Alcalá @ GFNY Café

10AM-6PM GFNY World Championship mandatory race packet pickup @ [PIP Park](#) (last entry 6pm)

10AM-6PM NYC Bike Expo @ [PIP Park](#)

10AM-6PM Bike Zone by Unlimited Biking @ [PIP Park](#)

11AM-6PM GFNY BBQ & Beer Garden @ [PIP Park](#)

2PM-4PM Business on Bikes Group Ride @ GFNY Café, [Business on Bikes - more info & register](#)

4:30PM-6PM Business on Bikes Networking @ Beer Garden, [Business on Bikes - more info & register](#)

SATURDAY, MAY 14

8AM-3PM GFNY Café @ [PIP Park](#)

9AM GFNY group ride with Gruppo Sportivo GFNY & Special Guests Nelson Vails and Raúl Alcalá @ GFNY Café

10AM-6PM GFNY World Championship mandatory race packet pickup @ [PIP Park](#) (last entry 6pm)

10AM-5PM NYC Bike Expo @ [PIP Park](#)

10AM-5PM Bike Zone by Unlimited Biking @ [PIP Park](#)

11AM-5PM GFNY BBQ & Beer Garden @ [PIP Park](#)

SUNDAY, MAY 15

5AM Opening of start area on lower level of George Washington Bridge (civil twilight 5:02am, sunrise 5:34am)

6:15AM Closing of start area on lower level of George Washington Bridge

7AM Start of GFNY World Championship and GFNY BEAR

8AM Opening of GFNY Café & Fan Zone @ [PIP Park](#)

11:00AM Winner of the GFNY World Championship expected @ [PIP Park](#)

11AM-2PM Return transport from Bear Mountain for GFNY BEAR riders @ [PIP Park](#)

3PM Awards Ceremony at the GFNY Finish Village @ [PIP Park](#)

5:30PM Course closes

6PM End of festivities

PACKET PICKUP + EXPO

IMPORTANT!

- 1 In-person race packet pickup is mandatory, this is a Police requirement. Each participant must come in person to check-in and pick up their race materials.
- 2 You must come to GFNY Registration either Thursday, Friday or Saturday ONLY. You must be at the expo before 6:00pm on Saturday, May 14 in order to be able to pick up your race packet. There is no registration or packet pickup on race day Sunday.
- 3 If you do not come to the expo during expo hours, you forfeit your registration and ability to take part in the event.



NYC Bike Expo is located in PIP Park in Fort Lee, NJ. The expo is the location for picking up your GFNY race materials: race numbers, timing chip, wristband, jersey and goodie bag. Plus the sponsor & exhibitor expo, and GFNY Shop.



EXPO HOURS:

FRI 5/13 10am-6pm
SAT 5/14 10am - 5pm

Last entry 30 minutes prior to closing time.

REGISTRATION HOURS:

FRI 5/13 10am-6pm
SAT 5/14 10am - 6pm

Last entry 30 minutes prior to closing time.

Arrival by Bike: via Hudson Terrace, you must park your bike in Mandatory Bike Parking
Arrival by Personal Car: Parking at Fort Lee Municipal Lots: Guntzer and 95 Main St are the closest
Arrival by Car Service: Ask your driver to drop you at 3000 Lemoine Avenue, Fort Lee
Arrival by Shuttle Bus: The GFNY Shuttle Bus stops: 175th St NYC Subway, Fort Lee Parking lots
Saturday Car Parking: Kim & Bae is generously offering their garage for expo parking on Saturday.

Expo shuttle bus service operates during EXPO HOURS, Thursday-Saturday. The shuttle bus is free: \$0. There is no schedule for the bus, it will operate on the Bus Route loop, with timing depending on traffic. The 5-mile loop can take 20 minutes during lower traffic times and up to 2 hours during afternoon rush hour gridlock. In cases of gridlock traffic on the bridge, plan to ride your bike or walk, it will be the fastest option. Unfortunately, traffic is out of our control. It takes 20-30 minutes to walk the 1.5 miles from 175th St Subway in Manhattan to the expo.

GETTING READY FOR REGISTRATION

Q: Can I bring my family and friends with me?

The shuttle bus and the expo are free admission and open to the public. Yes, bring your family and friends!

Q: What do I need to bring with me for registration?

In order to check-in for the race, please bring a government-issued photo ID (driver license or passport). There is no need to print your registration confirmation.

Q: I don't like to wait. What is a good time to come to the expo, with the shortest wait?

The expo is the busiest at opening. The expo is less busy after 1pm on all the days.

Q: How do the jerseys fit?

The GFNY jerseys are standard European/race cut, and therefore more fitted in the torso than typical American size. We suggest ordering 1-2 sizes larger if you usually wear American-cut jersey. Here is the size chart: <http://gfny.com/sizechart.jpg>

Q: Can I try on the race jersey?

Yes, you will be able to try on your jersey for size at the fitting rooms. The jersey pickup booth is only for picking up the jerseys. Please don't try on jerseys or ask to swap jerseys at the jersey pickup booth.

Q: What if the jersey size I selected doesn't fit me? Can I exchange my jersey?

We have a limited quantity of jerseys available for exchange. If you find the jersey you ordered is the wrong size, go to the JERSEY EXCHANGE stand and request the size you're looking for. We may not have the exact size you need to swap to, but we'll do our best to get a jersey size as close to your exchange size as possible.

Q: The waiver asks for my race number. How can I find out my race number before the expo?

You will find out your race number at the expo.

Q: Do I have to wear the wristband?

Yes, wearing the wristband is mandatory. It will be attached to your wrist when you come to pick up your race packet at the expo and you must keep it on until you leave the Finish Village at the end of the event.

Q: Can I buy the matching bib shorts and other GFNY apparel at the expo?

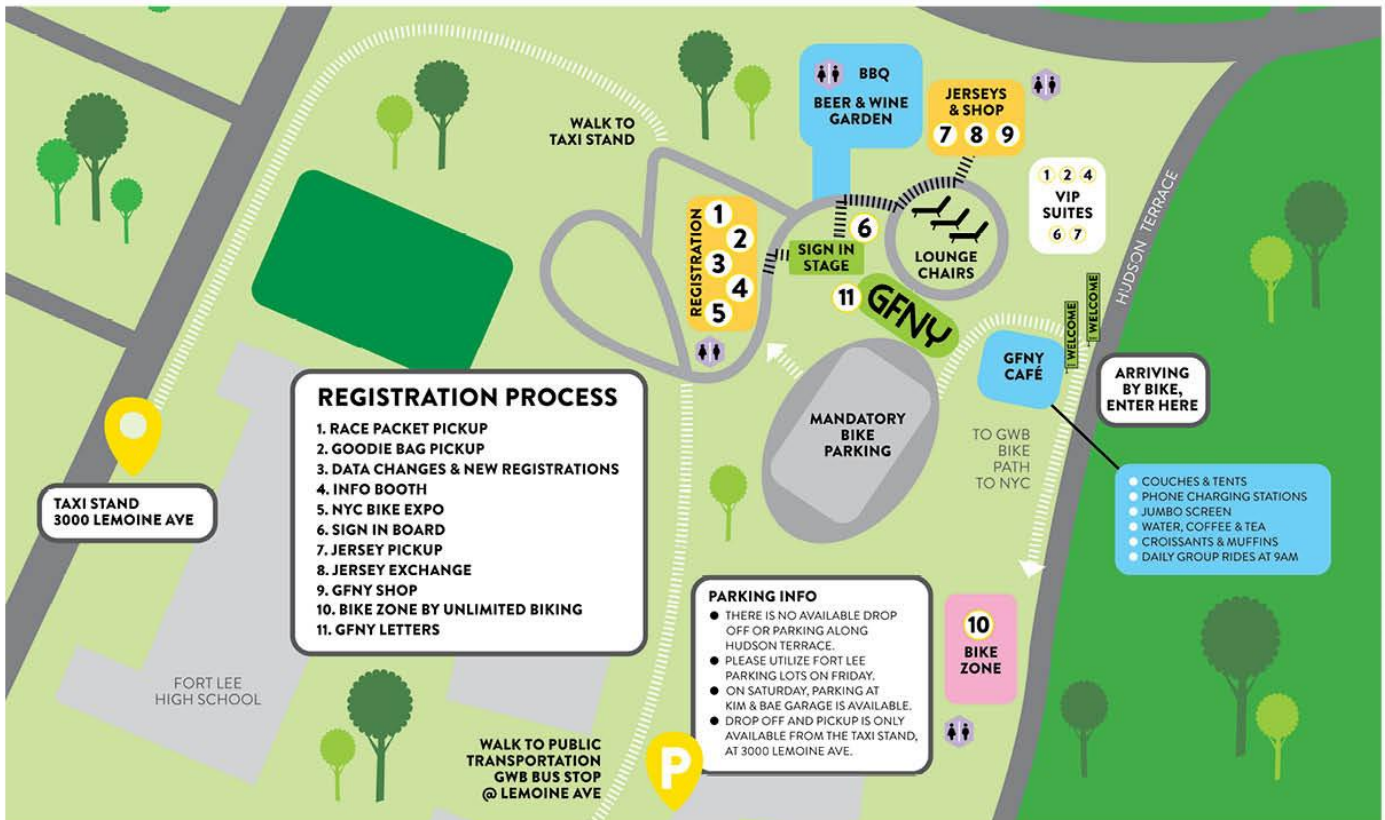
Yes, we have a limited quantity of GFNY apparel and accessories available for purchase at the pre-race expo. The quantities are limited and sold on a first-come-first-serve basis. If you are worried about item availability, we recommend purchasing online in our online shop gfny.com/shop or coming to the expo early on Friday to have the greatest selection and size availability.

Q: My schedule changed and I can't come to NYC. Can my friend pick up my goodie bag for me?

Yes. Send an email to your friend, authorizing them to pick up your goodie bag, along with a copy of your photo ID. Then at the expo your friend can show the email and a copy of your ID at the check-in booth to pick up your goodie bag and jersey for you.

Q: I'm flying in on Saturday night. Can my friend pick up my race packet for me?

No. For security reasons, every participant has to be present at packet pickup on Friday or Saturday. If you cannot make it to the expo to pick up your race packet, you will forfeit taking part in the event. We recommend changing your flight to arrive in NYC to make it to the expo in time.



REGISTRATION PROCESS

(1) Race packets are organized by your race number. Check the board for your assigned race number. There will be tables with waivers. Please review the waiver, fill in your personal information and sign.

(2) Bring your ID and signed waiver to the stand with your number to receive your race packet.

The race packet includes:

1. Wristband, which will be attached to your wrist at packet pickup and must be kept on your wrist until the end of the race
2. Bike number plate with timing chip that you must attach to the front of your bike, and two zip ties
3. Bib number to attach to your jersey's back pockets plus 4 safety pins
4. Bike number sticker
5. Bag check sticker
6. Profile sticker that you can attach to your bike's top tube to keep track of your progress
7. Rider sticker
8. Standard-size clear bag that you can check-in on race morning. You'll get it back at the finish.

After you receive your packet, double check that all your personal information is correct. If you have any information changes like updating emergency contact info or changing your team name, please go to the DATA CHANGE / REGISTRATION stand (6).

(3) Keep your race packet handy, next you will go to pick up your race jersey. The jersey is mandatory attire for the race. You will receive the jersey size that's marked on your envelope, which is the size you selected during registration. After that,

(4) you will receive your goodie bag.

(5) If you think you may need to change your jersey size, you cannot exchange at the jersey pickup stand, you will need to go to the JERSEY EXCHANGE stand. The Jersey Exchange stand is located about 100 meters after the jersey pickup stand. Next to Jersey Exchange, you will also have the chance to try on your jersey in fitting rooms with mirrors to double check if the size is correct for you.

(7) If you have any race questions, stop by the INFORMATION stand and one of our knowledgeable GFNY Gruppo Sportivo ambassadors will be on hand to answer any and all questions.

(8) Visit our expo to sign your name on the GFNY sign-in wall, take a My Goal Time photo and check out the NYC Bike Expo



8

GFNY CAFÉ

GFNY week kicks off on May 11 with the GFNY Café experience at PIP Park in Fort Lee, NJ.

The GFNY Welcome Zone offers riders another way to connect with GFNY, other GFNY riders and their families and friends.

CAFÉ: A Café with water, Café de GFNY coffee, tea, bagels, muffins, bananas, beverages, music, bike racks, restrooms, jumbo screen.

MECHANICAL SERVICE: Tenafly Bicycle Workshop will be at the GFNY Welcome Zone Wednesday-Saturday to assist with any of your pre-race bike maintenance needs. Send a WhatsApp for any special requests or to schedule an appointment. Shop: 201-568-9372 / WhatsApp: +1-310-666-3955.

GROUP RIDES: Check facebook.com/groups/gfnyclub for detailed information about the daily Group Rides departing at 9am that cover parts of the race course.



PIP PARK IN FORT LEE, NJ



WEDNESDAY, 5/11	8am-3pm
THURSDAY, 5/12	8am-3pm
FRIDAY, 5/13	8am-3pm
SATURDAY, 5/14	8am-3pm



SPECTATOR GUIDE



Things to do for GFNY spectators

- Check out the GFNY expo, New York City Bike Expo. Held at PIP Park in Fort Lee, NJ, on May 13 @10am-6pm and May 14 @10am-5pm.
- Watch the start from Fort Lee's Lemoine overpass on May 15 @7-7:30am.
- Keep up with live race coverage on jumbo screen from 8am at the GFNY Welcome Zone in Fort Lee.
- Meet your finisher at the GFNY Finish Line on Hudson Terrace.
- Join the festivities at the GFNY Finish Village: awards ceremony takes place at 3pm, you can buy delicious pasta at the GFNY Pasta Party 11am-6pm, cheer on finishers 11am-6pm.

Q: We would like to follow the race from the GFNY Finish Village while we wait for our rider to finish, is that possible?

Yes. The GFNY Welcome Zone and Café will open at 8am on race day. Coffee and bagels and muffins will be available for purchase. Couches and lounge chairs will be available to spectators as they await your arrival. Aside the GFNY Welcome Zone there will be a large screen that will be displaying live video feed and commentary from the race course.

Q: We would like to follow our rider along the race course in our car, is that allowed?

No. GFNY has 5000 participants and if all participants had a personal car following them, it would create a traffic jam and make it impossible for riders to have a clear road to ride on. Plus more than half the course is closed to cars. In addition, outside assistance is not permitted because it is unfair.

Q: I see there is GFNY Pasta Party at the GFNY Finish Village. Can the family eat with GFNY riders?

Yes, all GFNY fans can enjoy the delicious pasta

at the GFNY Pasta Party. Each GFNY participant will show their wristband and receive one free meal and spectators are able to purchase a meal ticket directly at the Finish Village.

Q: Can family and fans check out the GFNY Finish Village in Fort Lee? Do we need any tickets?

GFNY spectators, fans and riders' families are very welcome to join GFNY at the Finish Village in Fort Lee, NJ! The GFNY Finish Village is open to the public, they do not need any tickets.

Q: Where can spectators park in Fort Lee?

Please visit fortleeepa.org/parking-lot-locations for exact locations of Fort Lee Municipal Parking Lots. Note that the Guntzer lot is currently closed due to construction. You can use any metered parking available, plus any side street parking except for "residents only" parking.

Kim & Bae law firm has generously offered their parking garage to GFNY riders. The parking garage is located a short .3-mile / 400m walk from the GFNY Welcome Zone.

From Kim & Bae: We know how hard it is to find parking down by the park and along Hudson Terrace, especially on a weekend event as large as GFNY. Our building is a short walk to the festivities and we are located in the perfect spot along Hudson Terrace. We'd like to offer the parking because Kim & Bae supports GFNY and the participants.

Q: How could spectators get to the GFNY Finish Village in Fort Lee if we do not have a car?

CAR SERVICE / TAXI / UBER: (fastest option)
Spectators can take a car service to GFNY Taxi Stand at Lemoine Ave & Wilson Ave, in front of Fort Lee High School (address: 3000 Lemoine Avenue in Fort Lee).

SUBWAY & SHUTTLE BUS: Alternatively, if you utilize NYC subways or Fort Lee municipal parking lots, GFNY offers shuttle bus service. If your fans want to walk from the subway to the GFNY Finish Village, it's a 1.7-mile / 2.7km walk.

SHUTTLE BUS INFO

The Spectator Shuttle will begin service at 10:30am in Manhattan and will operate continuously in a loop until 6:30pm. Travel time will depend on traffic on GWB.

SPECTATOR SHUTTLE BUS

STOP	STOP LOCATION
NYC	Fort Washington Ave, bet 177th St & 178th St – (near exit of the A train 175th Street stop)
Fort Lee 1	Lemoine Ave at Bruce Reynolds Blvd – (bus stop aside 2071 Lemoine Ave)
Fort Lee 2	Lemoine Ave at Main Street– (bus stop at 1985 Lemoine Ave)
Fort Lee 3	Main Street Municipal Parking Lot – (bus stop aside 116 Main Street)
Finish Village	GFNY Finish Village Taxi Stand, 3000 Lemoine Ave– (Lemoine Ave at Coolidge Ave)

GFNY APPAREL



GFNY®: QUALITY APPAREL

We use GFNY Apparel in all our own cycling because like you, we want to ride in clothing that not only looks good, but also performs. We personally developed each item based on our apparel use with specifications that meet the demands of even the longest day in the saddle.

GFNY Apparel is 100% Made in Italy, produced in the world's leading cycling apparel factory. With decades of experience in cutting and sewing cycling clothing, the factory produces apparel for most top-level cycling brands and more than half the World Tour peloton, so you can be confident your GFNY Apparel is produced by cycling apparel experts.

We spend months for R&D of each GFNY Apparel item, using the latest fabrics that react to your body and wick away moisture. We focus on cuts that provide the ideal fit for your utmost comfort and performance.

GET GFNY RACE READY

GFNY Apparel is climate-tested across the globe, from tropical conditions in Bali, to a chilly, wet descent off the 3365m-high La Cuchilla mountain in Colombia, to the World Championship course in New York.

GFNY Apparel is worn by cyclist from over 120 nations and stands among the most widely-used cycling brands in the world.



GFNY CREATED THE 5-POCKET JERSEY IN 2012. EVERY GFNY JERSEY HAS THE SIGNATURE 5 POCKETS THAT YOU'VE COME TO KNOW AND LOVE FROM GFNY.

APPAREL AVAILABLE AT
NYC BIKE EXPO AND ONLINE
AT GFNY.COM/SHOP





OFFICIAL COFFEE OF THE
GFNY WORLD CHAMPIONSHIP NYC

CAFE DE GFNY



100% COLOMBIAN
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ROASTED IN NEW YORK CITY

NET WT 12 OZ (340 GR)

GRAN FONDO NEW YORK INC.

CAFE DE GFNY

100% COLOMBIAN COFFEE

GFNY Coffee is made only with 100% prime grade pure Colombian coffee, roasted, and steel-cut ground in a way that honors Colombia's rich coffee heritage.

Our commitment to quality is the reason why GFNY Coffee tastes so good. This 100% Colombian coffee was roasted in New York City.

ROASTED BY *Coperaco*



IDEAL GEAR



The GFNY World Championship is a one-day race that not only has a challenging course but also can present challenging weather conditions. Temperatures can range from 40F/5C at sunrise on the George Washington Bridge to 85F/30C in the afternoon at the finish.

While seven of eight editions of GFNY were held in good racing weather, the 2013 edition will long be remembered as extra tough due to unseasonably cold temperatures and relentless rain.



We've created this guide to help you prepare for the big day. Proper clothing is a deciding factor when it comes to your race day experience and safety. Smart apparel choices will make the day unforgettable for the right reasons.

GFNY's motto **BE A PRO FOR A DAY** also applies to GFNY clothing: we are not taking shortcuts when it comes to materials and fit. You will be wearing the same quality apparel as a professional cyclist.



BEAR MOUNTAIN DESCENT

- **Vest/Jacket?** Optional
- **Cycling Cap?** Optional



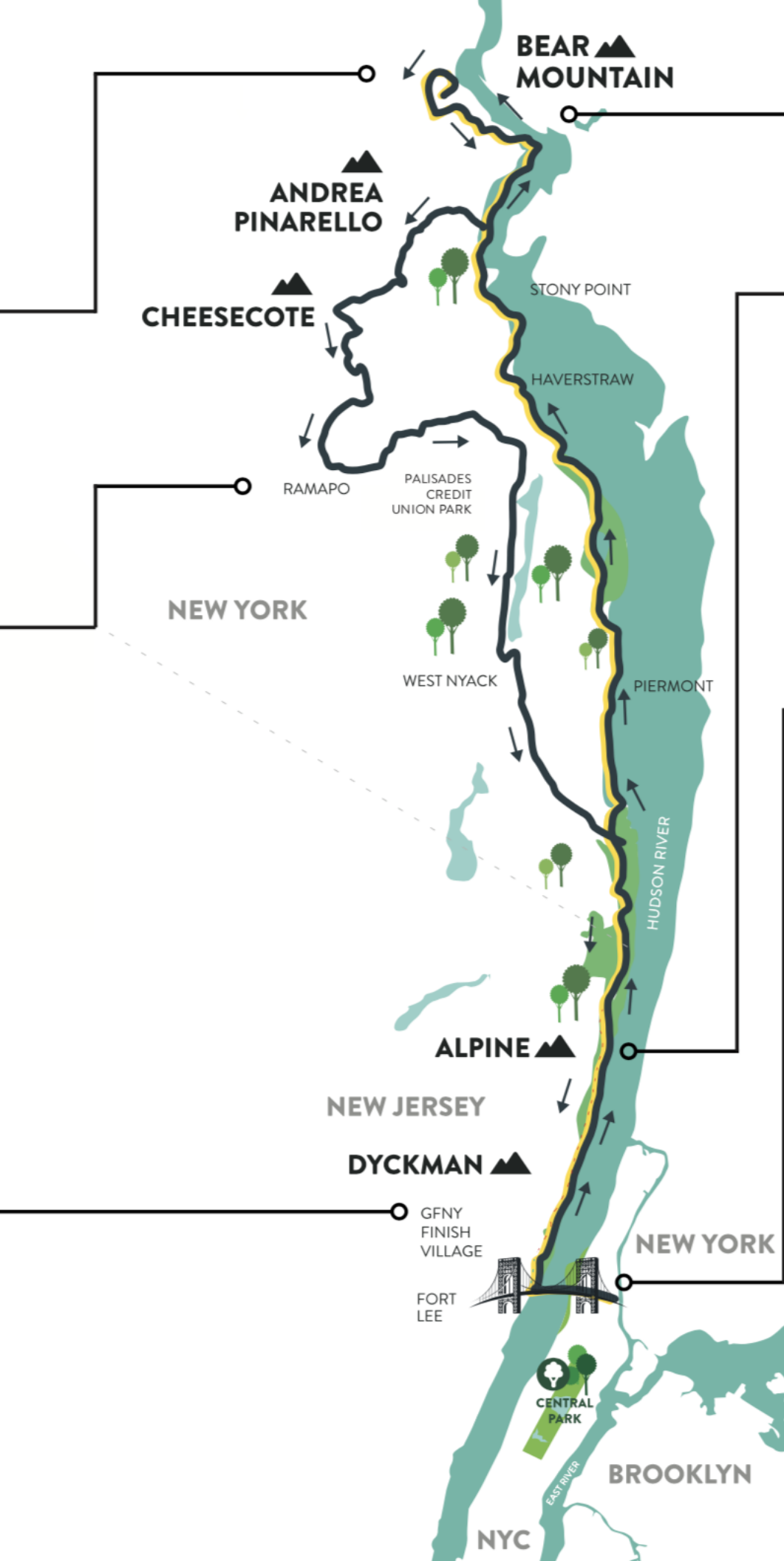
RAMAPO

- **Warm day?** Lower the zipper on your Jersey

FINISH

- Zip up your jersey for the Pro look





BEAR MOUNTAIN CLIMB

- Vest/Jacket? Remove
- Headgear? Remove

ALPINE HILL

- Vest/Jacket? Open zipper
- Arm warmers? Consider rolling down



GEORGE WASHINGTON BRIDGE - THE START

- Dry? Stash away jacket/vest in jersey pocket
- Rain? Keep it on
- Chilly? Keep it on

GEORGE WASHINGTON BRIDGE - THE WAIT

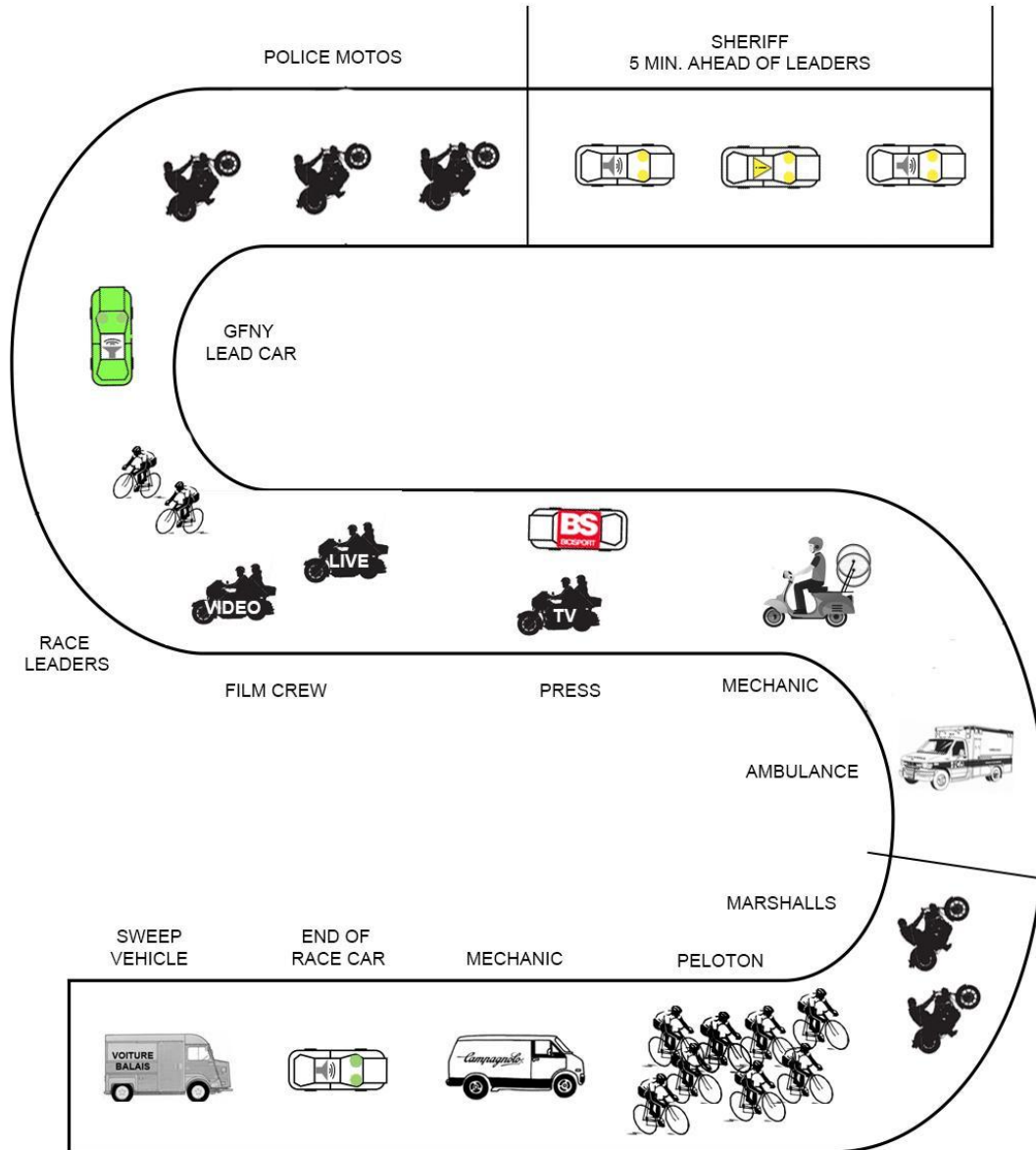
- GFNY Wind Jacket
- GFNY Vest
- GFNY Arm Warmers



RIDING TO THE START AT 4.30AM

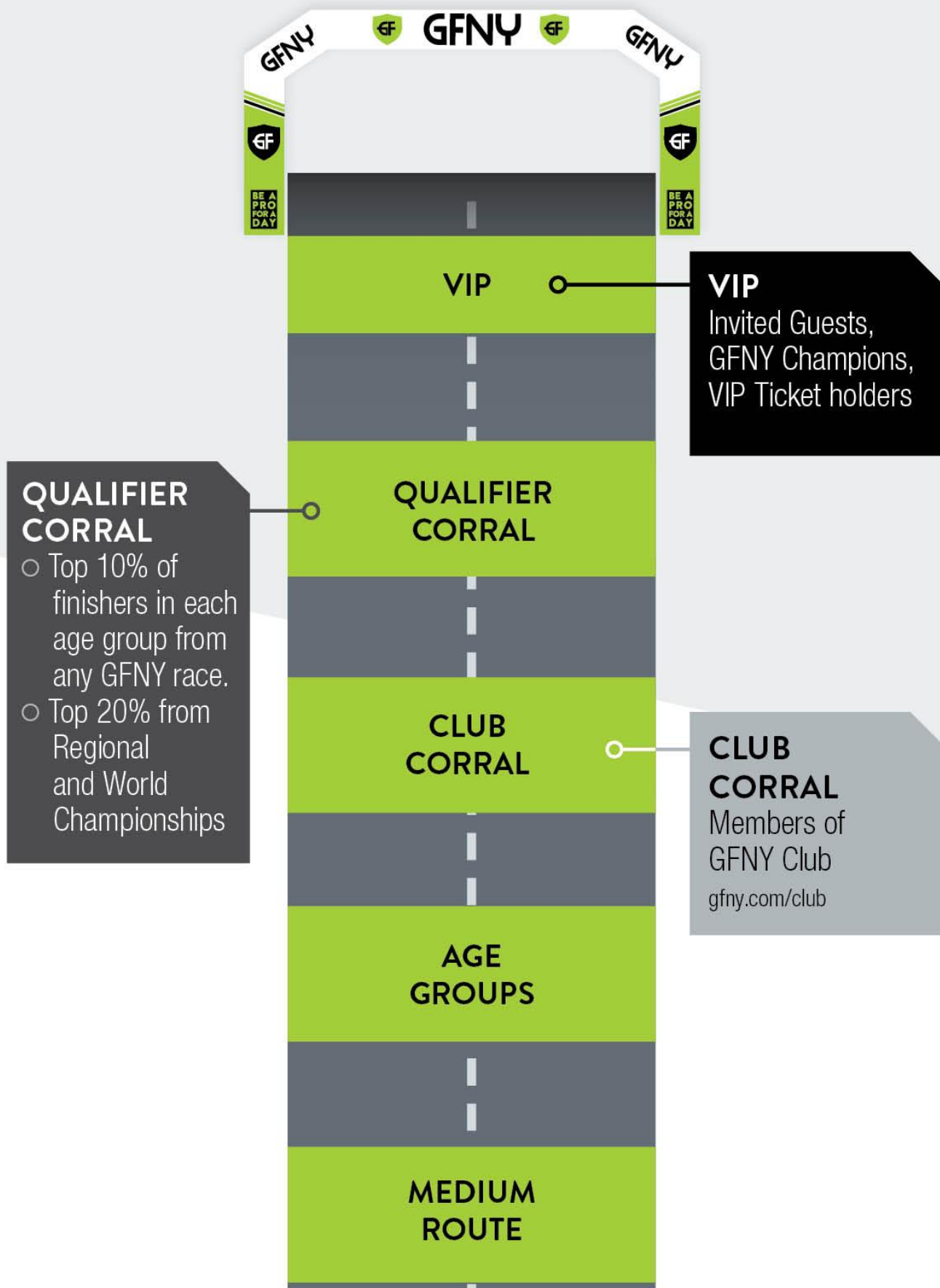
- GFNY Headgear
- GFNY Spring Gloves
- GFNY Cover Socks
- GFNY Base Layer

RACE CARAVAN

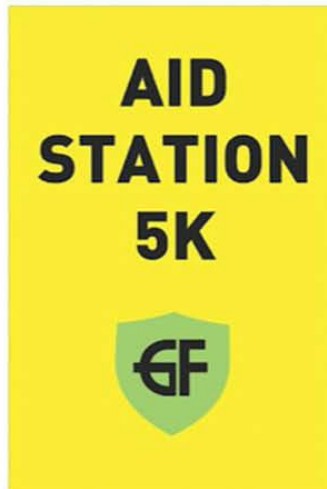
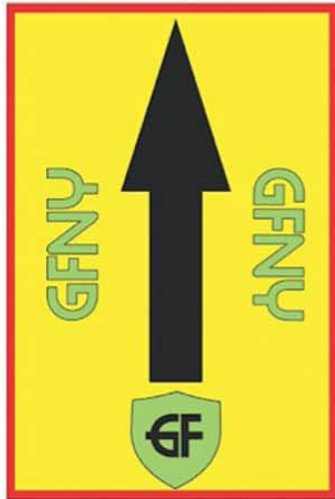


START CORRALS

AT GFNY WORLD CHAMPIONSHIP



EXAMPLES OF COURSE SIGNAGE



CATEGORIES



▲ OVERALL WINNER

The female and male overall winners celebrate with the official Campagnolo GFNY World Championship Winner Trophy. The names of all winners over the years are engraved on it.

INDIVIDUAL COMPETITION

The age groups are:
18-34 male/female
35-39 m/f
40-44 m/f
45-49 m/f
50-54 m/f
55-59 m/f
60-64 m/f
65+ f
65-69 m
70-74 m
75+ m



▲ CHAMPION'S JERSEY

Overall winners, age group champions, all members of the winning 4-person team and the members of the winning him&her teams receive the Champion's Jersey.



▲ TEAM COMPETITION

Individuals can register as members of a team to take part in the GFNY Team Competition.

- The four fastest times from a team will be added and ranked to determine the fastest team.
- All team member splits are totaled and ranked.
- The podium 4-person teams will be awarded prizes.
- All members of a Cycling Team are eligible for individual age group prizes.



▲ HIM&HER CATEGORY

A female and male rider have to cross the finish line within thirty seconds of each other. Because it's tough to find two riders of the same ability and fitness, pushing, pulling, dragging, encouraging, shouting and any other means of working together is allowed. The Him+Her team competition consists of two age categories:

- sub-90 and
- 90+ years old combined.

Members of a Him+Her team are not eligible for individual age group prizes because rider assistance among team members is permitted.



3

If you finish 3 GFNYs in 2022, you will receive the special GFNY 3x FINISHER 2022 medal.



10x

For every 10 GFNYs that you finish (counting from the first GFNY in 2011), you will get special 10x / 20x / 30x / 40x medals.



Of course, you will receive a finisher medal at the finish line of every GFNY World race you complete. (GFNY NYC 2022 medal shown here)

Track your medal progress in your gfny.cc account.

CODE OF CONDUCT

KEEP THESE RULES IN MIND IN ORDER TO AVOID
TIME PENALTIES OR DISQUALIFICATION

NO AREOBARS



**WEAR THE
OFFICIAL
JERSEY AND
WRISTBAND**

**STAY ON YOUR
SIDE OF THE
ROAD**



**NO OUTSIDE
ASSISTANCE**



NO PUBLIC URINATION

NO HEADPHONES

**OFFER FIRST
AID ASSISTANCE**



**RESPECT STAFF,
VOLUNTEERS,
SPECTATORS,
AND FELLOW
RIDERS**

**NO LITTERING.
USE ECO ZONES**



**OBEY POLICE
AND STAFF
INSTRUCTIONS**

**FOLLOW
THE COURSE**



**BE A GOOD
GUEST, RESPECT
THE HOST
COMMUNITY**

GFNY World Championship NYC ("GFNY")

1. GFNY is a cycling event where riders are individually timed.

2. ENTRY

2.1. The entry to GFNY is open to riders aged 18 or older. GFNY has the sole discretion over entry numbers and cut off dates.

2.2. Riders who are serving a ban by a federation for a doping violation will be refused. Riders who have served their ban are allowed to ride in the event but will neither be timed nor be in the results and will start at the back.

2.3. Each rider has to ensure that his/her health condition is sufficient for the event.

2.4. Each rider is responsible for having sufficient insurance coverage.

2.5. Entries are not refundable, transferrable or deferrable. No rider shall be entitled to an entry fee refund in case of disqualification.

2.6. GFNY reserves the right, in its sole and complete discretion, to deny entry, to revoke the entry application of any applicant at any time, and/or to disqualify any individual from the Event.

3. EQUIPMENT

3.1. Bike: any roadworthy Bicycle. The following are not permitted: triathlon bikes, time trial bikes, triathlon/aero bars, tandems, e-bikes, prone bicycles, recumbent bikes and bicycles with chair seating (except for para-athletes) or mono cycles. Unsafe bikes can be banned at any time during the event.

3.2. Helmets must be worn by all riders at all times and have to be securely fastened with a chinstrap at all times while riding.

3.3. Jersey: the official event jersey of the respective year must be worn at all times. No exceptions. Wearing a different jersey will lead to a severe time penalty or disqualification.

3.4. Bike number: the number plate with the chip timing strips on the back must be attached to the handlebar and be clearly visible from the front at all times. Any alteration of the number will lead to a time penalty or disqualification or the timing chips may not work properly.

3.5. Jersey number: the jersey number must be worn on the jersey pockets, attached by safety pins. Any wrong positioning or alteration of the number can lead to a time penalty or disqualification.

- 3.6. Wrist band: the wrist band must be worn at all times during the event.
- 3.7. Riders have to carry at least one spare tube and a functioning pump or CO2 cartridge.
- 3.8. The use of headphones and/or playing music on any device will lead to timing penalty or immediate disqualification.

4. START

4.1. The start is at 7am on George Washington Bridge, lower level, outbound lanes. Entry to the start area is only from the designated ramps on the NYC or NJ side of the bridge. Riders without their GFNY jerseys, bike number, jersey number, helmet and wristband at the checkpoint will be refused access to the start area. Not allowed at the start are large bags such as backpacks, handlebar bags or similar. Small saddle bags are permitted.

4.2. The starting corrals close at 6.25am. If a rider is late, he/she will not be able to cross George Washington Bridge on the road or be eligible for competition.

4.3. Start order:

(1) VIP: Returning champions from the previous year (overall, age groups), guests

(2) Competitive corrals

(2.1) Top 20% of each age group of the previous GFNY World Championship and all GFNY Regional Championships.

Top 10% of all other GFNY World events since the last 380 days.

(2.2) Licensed racers in several corrals according to their ranking.

Minimum requirement: active Pro, Cat 1-3 Men (-39), Cat 1 Masters (40+) Men, Cat 1 Women and their international equivalent.

GFNY reserves the right to limit the front corral to qualifiers at GFNY World events if there are space constraints.

Race corral requests may not be honored after April 15.

(3) General GF riders according to their age group (younger to older)

(4) GFNY Bear riders

(5) Challenged athletes with hand cycles

Riders have to start in their designated corral. Riders are allowed to start in a corral further back than their designated corral. If a rider attempts to get in a corral further ahead than allocated he/she will be put in the last corral, get a time penalty or are disqualified.

5. COMPETITION

5.1. All riders are timed by chip timing from start to finish. Overall rankings are determined by gun time. Age group rankings are determined by net (chip) time. Only riders who complete the GFNY long distance course are eligible for competition ranking and prizes. GFNY reserves the right, in its sole and complete discretion, to change the rules if deemed appropriate.

The middle distance is a timed but non-competitive event.

5.2. Categories:

Category is determined by rider's age on December 31.

(1) overall m/f

(2) 18-34 m/f

(3) 35-39 m/f

(4) 40-44 m/f

(5) 45-49 m/f

(6) 50-54 m/f

(7) 55-59 m/f

(8) 60-64 m/f

(9) 65-69 m/f

(10) 70-74 m/f

(11) 75-79 m/f

(12) 80+ m/f

(13) under 90 him and her: times of a mixed gender team added. Riders have to be within 30 seconds at each checkpoint. Outside assistance between teammates is permitted and encouraged. No devices to push or drag are allowed.

(14) 90 and over him and her: times of a mixed gender team added. Riders have to be within 30 seconds at each checkpoint. Outside assistance

between teammates is permitted and encouraged. No devices to push or drag are allowed.

(15) Team of four (any gender): times of the fastest four riders of a team added.

(16) An age group exists as a competitive category if there is at least one rider of that age and gender taking part in the race.

5.3. Prizes will be awarded to the top three in each category. Distribution of the prizes is at the sole discretion of GFNY. Prizes not picked up at the awards will be distributed to other riders. Prizes will not be shipped or handed to anyone but the winner.

5.4. All protests concerning the order of finish shall be examined and resolved by the chief judge, whose decision is final and without appeal. It is the rider's responsibility to familiarize himself/herself with the rules of the event and the course before the start. Taking alternate routes or cutting the course short leads to disqualification from the current competition and to a ban at future GFNY.

6. ABUSE

6.1. No rider may be disrespectful toward race directors, officials, staff, riders, volunteers, local residents or spectators.

6.2. No rider may use foul or abusive language during GFNY.

6.3. No rider may assault (an unlawful attempt, coupled with the present ability, to commit a violent injury on the person of another) or do battery (any willful and unlawful use of force or violence upon the person of another) to anyone connected with GFNY (including but not limited to riders, spectators, public officials, volunteers, staff, etc.).

6.4. Any of the above will lead to disqualification and a lifelong ban for Gran Fondo New York Inc. events (including but not limited to GFNY World events).

7. CONDUCT

7.1. Cyclists have to obey all laws of the road including traffic lights and stop signs unless overwritten by police. Violators may be ticketed by local law enforcement and/or disqualified and removed from the event.

7.2. No rider may make an abrupt motion so as to interfere with the forward progress of another rider, either intentionally or by accident.

7.3. Any rider who appears to present a danger to the other riders may be disqualified by GFNY either before, during, or after the event.

7.4. Pushing or pulling or any other physical assistance among riders is prohibited in all categories except the Him and Her categories where pushing or pulling is encouraged.

7.5. No outside assistance is allowed (incl. but not limited to team cars, personal support cars handing in supplies from roadside).

7.6. If a rider is laying on the ground and is visibly in difficulty, any following rider has to stop and help unless there are already at least three people helping. You may continue if a) the victim is fine or b) medical personnel has arrived. Help others, you may need help one day.

7.7. Any misconduct with respect to the above can lead to disqualification and a lifelong ban at Gran Fondo New York Inc. events (including but not limited to GFNY World events).

8. ENVIRONMENT

GFNY is committed to protecting the environment. Any discarding of trash or food outside the designated trash receptacles at the aid stations or “eco zones” is prohibited and can lead to a time penalty, disqualification or lifelong ban at Gran Fondo New York Inc. events (including but not limited to GFNY World events).

Any urinating in public is prohibited and can lead to disqualification, ticketing by local law enforcement or a lifelong ban at Gran Fondo New York Inc. events (including but not limited to GFNY World events).

9. PERFORMANCE ENHANCING DRUGS

9.1 GFNY is committed to a drug free sport. Performance Enhancing Drugs (PED) are prohibited in preparation for and during GFNY. GFNY reserves the right to enforce doping controls before, during and after the event.

9.2 Any violation of World Anti Doping Association (WADA) rules will lead to disqualification, reclaim of prizes and a lifelong ban at Gran Fondo New York, Inc. events (including but not limited to GFNY World events). GFNY shares positive doping controls with other event organizations as well as the public at large if a rule violation has been determined.

9.3 If a rider declines to be tested, he/she will be banned.

9.4 A rider who tests positive at GFNY will have to reimburse the cost of the doping control. Furthermore, such rider has to reimburse GFNY for any

damages to its reputation that are a consequence of his/her positive doping control. If the rider is part of a team participating at GFNY, the team can be held liable for this damage.

10. ACCEPTANCE OF RISK

All those who ride and compete under these rules do so at their own risk. No liability shall attach to GFNY or any of its officials with respect to any loss or injury sustained or caused by anyone competing or riding in GFNY.

11. RULE CHANGES

Course, date, rule or any other changes pertaining to the Event can be altered if deemed necessary at the sole discretion of GFNY.

ANTI DOPING

While GFNY is not a WADA Code signatory, we recognize the importance of clean competition, and have taken an unusually proactive stance in implementing an anti-doping program on behalf of clean athletes and the integrity of our sport, which includes adherence to the WADA Prohibited List.

In 2012, GFNY was the first amateur competition in the world in testing athletes out-of- competition (OOC) in addition to the traditional in-competition (IC) testing. The more costly and more difficult OOC testing is widely recognized as the superior testing method.

The use, possession and/or trafficking of banned substances, methods, or the encouragement or counseling to use banned substances, or methods, and/or taking measures to mask the use of banned substances, or methods by any participant in competitions is unacceptable and will not be tolerated.

GFNY has adopted WADA's anti-doping policies and procedures in order to ensure a clean, healthy and fair sporting atmosphere for all athletes.

The rules and regulations of GFNY's Anti-doping Policy aim to:

- Promote GFNY as a drug-free event;
- Uphold and preserve the ethics of sport;
- Ensure that all athletes have an opportunity to compete equally;
- Safeguard the physical health and mental integrity of the athletes;
- Encourage Affiliate Federations to execute similar regulations with their athletes.

Athletes who test positive at GFNY, receive an immediate lifetime ban for all GFNY events. Furthermore, GFNY reserves the right to ask the doper for any damages to its reputation that are a consequence of his/her positive doping control. If the rider is part of a team participating at GFNY, the team can be held liable for this damage.

Race history:

In 2012, two male riders in the top 10 tested positive for EPO at GFNY.

In 2015, a the first man across the finish line and the third woman across the finish line rider tested positive for testosterone.

In 2017, a rider was caught for EPO during out-of-competition testing. The rider paid for the testing.

We see these results as a positive sign that our testing works. You can't find cheaters unless you look for them.

PAST RESULTS

Top 50 Women GFNY World Championship NYC 2019












































GENDER PLACE	FIRST NAME	LAST NAME	BIB NUMBER	COUNTRY REPRESENT	GUN TIME
1	Jill	Patterson	30		04:31:17
2	Camila	Cortes	1		04:31:35
3	Janine	Meyer	116		04:31:41
4	Maria Cecilia	Carvalho	760		05:04:29
5	Paolina	Allan	120		05:13:30
6	Juliana	Cerize	408		05:22:46
7	Marcia	Barrios	124		05:24:00
8	Daniela Carolina	Zambrano Estupinan	726		05:28:58
9	Sorany	Giraldo	375		05:29:05
10	Alejandra	Palacio Hincapie	908		05:30:42
11	Veronica	Vara	475		05:32:06
12	Yuliana	Echeverri Casta	1138		05:36:50
13	Brigitte	Sims	3288		05:37:45
14	Juana	Fernandez Veras	115		05:40:07
15	Laura	Abbey	833		05:40:30
16	Karen	Fattal	371		05:41:18
17	Paula	Fanti	111		05:42:10
18	Maura	Hays	424		05:42:21
19	Agatha	Kisiel	225		05:51:59
20	Leah	Armstrong	1682		05:56:33

GENDER PLACE	FIRST NAME	LAST NAME	BIB NUMBER	COUNTRY REPRESENTED	GUN TIME
21	Anna	Coatsworth	73		05:57:39
22	Katherine	Escobar	678		05:57:57
23	Monica	Pardo	2601		05:58:07
24	Maria Elena	Guerrero Mata	507		05:58:41
25	Anne	Haehner	1447		06:01:06
26	Marta	Sangirardi Lima	1619		06:02:17
27	Ana Miriam	Dias	1731		06:03:13
28	Claudia	Gutierrez	1040		06:05:33
29	Monica Alejandra	Saldarriaga Riera	2726		06:06:14
30	Beatrix	Ueberheide	250		06:08:09
31	Karen Indelira	Bezerra Rivera	1416		06:08:17
32	Flavia	Laguens	3733		06:10:46
33	Jitka	Borowick	1759		06:10:57
34	Ingrid	Cardona	146		06:11:22
35	Jenny Tatiana	Sanchez Ochoa	38		06:13:17
36	Emily	Baltes	1355		06:13:36
37	Doris Patricia	Fonseca Rodriguez	2982		06:14:48
38	Aurora	Lian	655		06:14:58
39	Valeria	Herrera Sutti	649		06:15:54
40	Pamie	Hedelin	2499		06:18:25
41	Paula	Claesson	2661		06:18:26
42	Maria Alejandra	Garay Ramirez	1230		06:20:10
43	Isabela	Cortes	676		06:22:07
44	Amalia	Lopez	481		06:24:48
45	Carla	Abrunhosa	2283		06:25:33
46	Naveen	Wall	1075		06:26:01
47	Karen	Manzano	5		06:26:32
48	Paola	Bernal	439		06:28:48
49	Kathryn	Reese	757		06:30:11
50	Carla	Ordonez	135		06:30:43

Top 50 Men GFNY World Championship NYC 2019



GENDER PLACE	FIRST NAME	LAST NAME	BIB NUMBER	COUNTRY REPRESENTED	GUN TIME
1	Jeremiah	Bishop	114		04:19:25
2	Ricardo	Pichetta	36		04:19:26
3	Jochen	Wallenborn	118		04:19:28
4	Daniel	Hernandez	276		04:20:35
5	David	Gutierrez	213		04:22:40
6	Gabriel	Corredor	126		04:22:55
7	Enrique	Quiñones	405		04:23:00
11	Carlos	Trujillo	113		04:23:00
8	Isamel	Collado Acosta	529		04:23:00
9	Bill	Ash	35		04:23:00
10	Camilo	Villegas	99		04:23:00
12	Aiman	Cahyadi	119		04:23:01
13	Alan	Carrillo	2		04:25:43
14	Camilo	Gutierrez	256		04:26:14
15	Cedric	Haas	55		04:26:26
16	Francesco Romole	De Candido	660		04:28:45
17	Jorge	Escamez	348		04:29:55
18	Tony	Pletcher	530		04:30:03
19	Kevin	Salazar	378		04:30:07
20	Delby Mauricio	Bayona Bayona	399		04:30:18

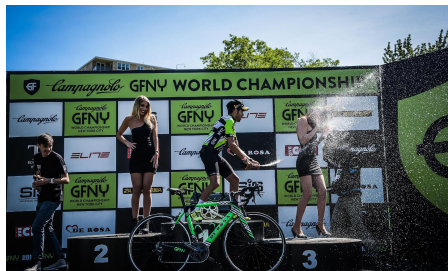
GENDER PLACE	FIRST NAME	LAST NAME	BIB NUMBER	COUNTRY REPRESENTED	GUN TIME
21	John	Loehner	216		04:30:23
22	Erik	Post	207		04:30:55
23	Mario	Rubin	7		04:30:58
24	James	Krizan	334		04:31:05
26	Sergei	Pomoshnikov	364		04:31:10
25	Pierluigi	Bruschetta	447		04:31:10
27	Giacomo	Peretto	320		04:31:12
28	Matteo	Bertrand	409		04:31:13
29	Agustin	Londono	528		04:31:13
30	Paskal	Lamour	211		04:31:15
31	Ronald	Malone	518		04:31:17
32	Luiz	Lanfredi	416		04:31:20
33	Julian	Mejia	369		04:31:30
34	Bastian	Rose	249		04:31:33
35	Jonathon	Laurie	206		04:31:43
36	Dave	Lettieri	279		04:31:44
37	Erlin	Garcia	210		04:31:54
38	Anthony	Rodriguez	393		04:31:55
39	Andr	Solis	140		04:32:36
40	Esteban	Roche Rivero	141		04:32:39
41	Nicholas	Wheatley-Schaller	202		04:32:57
42	Ben	Gorodetsky	208		04:33:25
43	Matthias	Van Aken	136		04:33:38
44	Stephen	Jamison	93		04:34:56
45	Ludwig	Gomez	411		04:37:14
46	Luis Afredo	Polo	2031		04:38:45
47	Joseph	Lacey	404		04:40:34
48	Santiago	Cordoba	335		04:42:16
49	Dieter	Egli	290		04:42:32
50	Eduardo	Restrepo	292		04:43:52

2018



1 Michael Margarite	USA	4:22:23	Camila Cortes	COL	4:47:13
2 Ricardo Pichetta	ITA	4:22:23	Jill Patterson	USA	4:53:26
3 Luis Lemus Davila	MEX	4:22:27	Paola Monroy	COL	5:00:14
4 Kevin Bouchard	USA	4:24:16	Kamila Sikora	BRA	5:00:50
5 J Moreels	BEL	4:24:23	Ana Cecilia de L	MEX	5:07:14

2017



1 Ricardo Pichetta	ITA	4:28:46	Camila Cortes	COL	4:45:30
2 Victor Gras	USA	4:28:47	Marcella Toldi	BRA	4:47:32
3 Chase Goldstein	USA	4:28:47	Maria Gianella	BRA	4:56:08
4 Daniele Terzi	ITA	4:29:37	Carla Prada	BRA	5:00:50
5 Michael Margarite	USA	4:32:05	Heather Low	CAN	5:14:19

2016



1 M, Margarite	USA	4:30:25	Camila Cortes	COL	4:51:21
2 Allan Rego	USA	4:36:51	Marcella Toldi	BRA	5:12:16
3 Adderlyn Cruz	USA	4:36:58	Heather Low	CAN	5:19:06
4 Riccardo Pichetta	ITA	4:37:59	Ana Bonilla	COL	5:22:54

5 Carlos Trujillo COL 4:38:52

Carla Prada BRA 5:29:10

2015



1 Raul Montana COL 4:15:27
 2 Timo Krieger GER 4:15:30
 3 Michael Margarite USA 4:15:47
 4 Gavriel Epstein USA 4:29:06
 5 Allan Rego USA 4:29:00

Camila Cortes COL 4:38:40
 Andrea Myers USA 4:58:46
 Paolina Allan CAN 5:11:39
 Jamie Nicholson CAN 5:11:48
 Heather Low CAN 5:12:44

2014



1 Gabriel Corredor COL 4:21:49
 2 J Ludewig GER 4:21:54
 3 R. Giraldo-Sierra COL 4:40:14
 4 James White CAN 4:41:07
 5 Anthony Fatuzzo USA 4:42:04

Amparo Del Pila COL 5:01:01
 Paolina Allan CAN 5:03:26
 Camila Cortes COL 5:11:18
 Tamara Vilela BRA 5:11:52
 Yamile Lugo COL 5:14:21

2013



1 Stefano Nicoletti ITA 4:24:22
 2 Bruce Bird CAN 4:28:58
 3 Anthony Fatuzzo USA 4:33:43

Camila Cortes COL 4:59:15
 Kate Veronneau CAN 5:17:45
 Susan Jones CAN 5:21:01

4 Scott Moninger USA 4:35:17
 5 Jean-F Laroche CAN 4:35:35

Alison Giaime USA 5:34:27
 Megan Searfoss USA 5:45:23

2012 (only climbs timed)



1 Wlad. D'Ascenzo ITA 31:51.9
 2 Anthony Fatuzzo USA 32:33.2
 3 Igor Volshteyn USA 33:05.7
 4 Andrew McGee USA 34:07.2
 5 Gabriel Corredor COL 34:56.3

Susan Jones CAN 41:38.7
 Ana Bonilla Paez COL 43:12.6
 Tara Kupersmith CAN 43:13.3
 Erica Adelberg USA 43:28.7
 Camila Cortes COL 43:38.3

2011 (only climbs timed)



1 Clayton Barrows USA 24:54.0
 2 Maurizio Coccia ITA 25:01.9
 3 Michael Margarite USA 25:19.3
 4 Brendan Sullivan USA 26:11.8
 5 Chris Johnson USA 26:16.9

Marti Shea USA 29:17.7
 Kristen Gohr USA 29:51.2
 Molly V Houweling USA 30:24.6
 Sam Chang USA 33:39.4
 Sarah Sauvayre USA 34:00.2